

WHAT YOU NEED TO KNOW

- We are allowed to resume full contact training from Friday 19 June 2020 under eased restrictions for community sport in the ACT.
- Seniors will resume training on Monday 22 June 2020.
- Juniors will resume training the week commencing 20 July 2020.
- The club has developed a *Return to Play in a COVID-safe environment plan* to support your safe return to training.

WHAT YOU SHOULD EXPECT AT TRAINING

- We are allowed up to 100 participants (including coaches) at each training venue.
- All attendees will need to sign in upon arrival to ensure the club has a record of who is at the venue for each session.
- Hand sanitisation upon arrival for all - during and after session for players.
- Anyone arriving at training showing signs of being unwell will be asked to go home.
- Only one parent/guardian per junior participant is preferred at training to minimise the group gathering.
- Spectators should maintain 1.5m physical distance where possible.
- Entry and exit to the courts will be through different doors.
- Normal training activities (ie contact activities) are permitted for basketball as a contact sport from 19 June 2020.
- Players will be encouraged to use their own ball where possible.
- No sharing of drink bottles or towels is permitted.
- Shared equipment (eg bump pads) should be cleaned during and after sessions.

WHAT ARE THE KEY THINGS TO REMEMBER

- Stay home if you are unwell. Tell your coach if you are required to be tested for COVID-19.
- Remember we should “get in, train, get out” – we still to minimise unnecessary mingling.
- Personal hygiene is important and physical distancing off the court should still be maintained where possible.

Any queries should be directed to the Club’s COVID-19 Safety Coordinator: Ellen Robinson (northcoaches@gmail.com)